

ADD UNLIMITED LAVAZZA FILTER COFFEE OR TEA WITH ALL OUR BREAKFASTS

COOKED BREAKFASTS 2 FREE SLICES OF TOAST WITH EVERY COOKED BREAKFAST

Three Pork sausages, three rashers of back bacon, your choice of two fried 273kcal, scrambled 216kcal or poached 136kcal free-range eggs, three hash browns, two tomatoes, two flat mushrooms, black pudding and Heinz® baked beans 1209kcal Add a 4oz# rump steak 197kcal

THE VEGGIE BREAKFAST •

Two hash browns, two vegan sausages, two veggie fingers, tomato, flat mushrooms, Heinz® baked beans and your choice of fried 237kcal, scrambled 216kcal or poached 136kcal free-range eggs 618kcal

As standard we serve pork sausages (228kcal per sausage) on all cooked breakfasts, except in Scottish sites where we also serve Lorne sausage (442kcal per sausage) and haggis 275kcal

THE CLASSIC BREAKFAST

Two pork sausages, two rashers of back bacon, your choice of fried 273kcal, scrambled 216kcal or poached 136kcal free-range eggs, two hash browns, tomato, flat mushroom and Heinz® baked beans 799kcal

Add a 4oz# rump steak 197kcal

THE VEGAN BREAKFAST ®

Two hash browns, two vegan sausages, tomato, flat mushrooms, Heinz® Baked Beans and guacamole 768kcal

ADD ON 2 Hash Browns

BRUNCH

CHICKEN, BACON & WAFFLE

Southern-fried chicken breast, a belgian waffle and back bacon with maple-flavour syrup 1048kcal

EGGS BENEDICT

Toasted breakfast muffin, two poached free-range eggs and back bacon topped with hollandaise sauce 722kcal

MEDITERRANEAN-STYLE **VEGETABLE & GUACAMOLE** BRUNCH @

Toasted garlic bread topped with guacamole, chunky tomato salsa, grilled Mediterranean-style vegetables, pumpkin seeds and drizzled with a tomato & smoked paprika sauce 1048kcal

Add a Cajun Chicken Breast +186kcal Add a poached egg +68kcal

ADD A GLASS OF FRUIT JUICE TO ANY BREAKFAST FOR 1.99 cranberry 103kcal, orange 172kcal, or apple 175kcal

BUNS & BITES

BREAKFAST BUN

Served in a brioche-style bun with hash browns Bacon 618kcal Sausage 932kcal

2 fried Free-range eggs **(1)** 576kcal Meat-free Sausage (1) 708kcal Bacon & Egg 710kcal Sausage, Bacon & Egg 994kcal

PANCAKES & WAFFLES

Choose from a 4 stack of Pancakes or a Belgian Waffle with a choice of topping

1. CHOOSE FROM

PANCAKES **1** 459kcal WAFFLE **1** 390kcal

2. CHOOSE YOUR TOPPING

BACON & MAPLE-FLAVOUR SYRUP 607kcal BANANA & CHOCOLATE **1** 430kcal BERRY & BANANA 0 430kcal

YOGHURT & FRUIT GRANOLA CUP •

Layers of organic natural yoghurt with fresh strawberries, bananas & blueberries, mixed berry sauce and a crunchy granola topping. A great healthy breakfast option or ideal to share 411kcal

PORRIDGE O

With your choice of honey or mapleflavoured syrup. 258kcal

CEREALS O

Ask the team for our selection

TOAST & PRESERVE **©**

White or wholemeal. 498kcal

KIDS' BREAKFAST

KIDS' COOKED BREAKFAST

Two outdoor-reared chipolata sausages, your choice of poached 136kcal or scrambled 216kcal free-range eggs, tomato, Heinz baked beans and a hash brown 358kcal

KIDS' VEGGIE BREAKFAST

A vegan sausage, Birds Eye Green Cuisine® veggie finger, your choice of poached or scrambled free-range eggs, tomato, a hash brown and Heinz® baked beans 418kcal

KIDS' VEGAN BREAKFAST @

A vegan sausage, Birds Eye Green Cuisine® veggie finger, tomato, flat mushroom and Heinz® baked beans 359kcal

YOGHURT & FRUIT GRANOLA CRUNCH 🐠 🥕

Layers of organic natural yoghurt with fresh strawberries, banana and blueberries, mixed berry sauce and a crunchy granola topping 397kcal

FRESH FRUIT BOWL @ 🥕 🥕 💗

Fresh strawberries, blueberries, banana & melon 108kcal

CEREALS •

Ask the team for our selection

BANANA & CHOCOLATE PANCAKES O 🥕

Two pancakes topped with fresh banana and drizzled with chocolate sauce 346kcal

BERRY & BANANA PANCAKES O 🥕 🏕

Two pancakes topped with strawberries, blueberries & banana, and drizzled with mapleflavour syrup 387kcal

BREAKFAST DRINKS

POT OF TEA 56kcal **GREEN TEA** Okcal PEPPERMINT TEA Okcal **LEMON & GINGER TEA** Okcal CRANBERRY & RASPBERRY TEA Okcal CAPPUCCINO 93kcal LATTE 108kcal

ESPRESSO 9kcal AMERICANO 60kcal DECAF AMERICANO 100kcal HOT CHOCOLATE 219kcal ICED COFFEE 82kcal FLAVOURED LATTE 63kcal SHOT OF SYRUP

Caramel, Vanilla or Gingerbread





KIDS' DRINKS

FRUIT JUICE * 131kcal GLASS OF FRESH MILK 123kcal PIP ORGANIC SMOOTHIES 79kcal FRUIT SHOOT® 17kcal

No added sugar, artificial colours or artificial flavourings here

HENRY'S SAINT CLEMENTS 85kcal HOLLY'S APPLE FIZZ 74kcal **CAWSTON PRESS** 52kcal

MAKING HEALTHY CHOICES

▶= One of your 5-a-day. A portion of fruit or veg is based on a minimum 60g serving size and 80g edible pulp and/or 150ml pure fruit juice. • Lower in sugar (desserts) contains at least 30% less sugar per 100g compared to sugar content of all desserts with comparable components. **Our kid's main meals** now contain no more than 1.7g of salt and comply with Government Salt Targets for children.

Alpro Oat alternative available

Allergen information: All our allergen information is available online or via our Glass Onion app. It's easy to filter out dishes containing any of the 14 major include all ingredients. If you have any questions, allergies, or intolerances, or need help accessing our allergen information, please let us know before ordering.

🕦 = made with vegetarian ingredients, 🔞 = made with vegan ingredients; however, some of our preparation, cooking and serving methods could affect this. If you require more information, please ask your server. #All weights stated are approximate and prior to cooking. Any tips you're kind enough to give are kept by our team. All dishes are subject to availability. All calories were correct at time of print. Adults need approx. 2000 kcal a day. Photography is for illustration purposes only. ©Mitchells & Butlers 2023.