BREAKFAST & BRUNCH MENU



COOKED BREAKFASTS 2 FREE SLICES OF TOAST WITH EVERY COOKED BREAKFAST

THE ULTIMATE BREAKFAST

Three Pork sausages, three rashers of back bacon, your choice of two fried 273kcal, scrambled 216kcal or poached 136kcal free-range eggs, three hash browns, two tomatoes, two flat mushrooms, black pudding and Heinz® baked beans 1209kcal 9.99 Add a 4oz# rump steak 197kcal 2.99

THE VEGGIE BREAKFAST 🛈

Two hash browns, two vegan sausages, two veggie fingers, tomato, flat mushrooms, Heinz[®] baked beans and your choice of fried 273kcal, scrambled 216kcal or poached 136kcal free-range eggs 618kcal 7.99 As standard we serve pork sausages (228kcal per sausage) on all cooked breakfasts,

except in Scottish sites where we also serve Lorne sausage (442kcal per sausage) and haqqis 275kcal

BRUNCH

CHICKEN, BACON & WAFFLE

Southern-fried chicken breast, a belgian waffle and back bacon with maple-flavour syrup 1048kcal 9.49

EGGS BENEDICT

Toasted breakfast muffin, two poached free-range eggs and back bacon topped with hollandaise sauce 723kcal 7.99

MEDITERRANEAN-STYLE **VEGETABLE & GUACAMOLE** BRUNCH @ Toasted garlic bread topped

with guacamole, chunky tomato salsa, grilled Mediterranean-style vegetables, pumpkin seeds and drizzled with a tomato & smoked paprika sauce 561kcal 9.49 Add a Cajun Chicken Breast +186kcal 2.50 Add a poached egg +68kcal 49p

PANCAKES & WAFFLES

Choose from a 4 stack of Pancakes or a Belgian Waffle with a choice of topping

1. CHOOSE FROM

PANCAKES V 459kcal 7.99 **WAFFLE ()** 390kcal 6.99

2. CHOOSE YOUR TOPPING

BACON & MAPLE-FLAVOUR SYRUP 607kcal BANANA & CHOCOLATE 💔 430kcal BERRY & BANANA 💔 433kcal

THE CLASSIC BREAKFAST

Two pork sausages, two rashers of back bacon, your choice of fried 273kcal, scrambled 216kcal or poached 136kcal free-range eggs, two hash browns, tomato, flat mushroom and Heinz[®] baked beans 799kcal 7.99 Add a 4oz# rump steak 197kcal 2.99

THE VEGAN BREAKFAST 👁

Two hash browns, two vegan sausages, tomato, flat mushrooms, Heinz® Baked Beans and guacamole 768kcal 7.99



ADD A GLASS OF FRUIT JUICE TO ANY BREAKFAST FOR 1.99 cranberry 103kcal, orange 172kcal, or apple 175kcal

BUNS & BITES

BREAKFAST BUN

Served in a brioche-style bun with hash browns Bacon 602kcal 5.99 Sausage 916kcal 5.99

2 fried Free-range eggs () 560kcal 5.99 Meat-free Sausage 10 692kcal 5.99 Bacon & Egg 694kcal 6.49 Sausage, Bacon & Egg 978kcal 6.99

YOGHURT & FRUIT GRANOLA CUP O

Layers of organic natural yoghurt with fresh strawberries, bananas & blueberries, mixed berry sauce and a crunchy granola topping. A great healthy breakfast option or ideal to share 414kcal 5.99

PORRIDGE O

With your choice of honey 258kcal or maple-flavoured syrup 344kcal 2.49

CEREALS O Ask the team for our selection 1.99

TOAST & PRESERVE O White or wholemeal. 468kcal 99p

KIDS' BREAKFAST A slice of toast served with every cooked breakfast

KIDS' COOKED BREAKFAST

Two outdoor-reared chipolata sausages, your choice of poached 136kcal or scrambled 216kcal free-range eggs, tomato, Heinz baked beans and a hash brown 358kcal 4.99

KIDS' VEGGIE BREAKFAST 🔍

A vegan sausage, Birds Eye Green Cuisine® veggie finger, your choice of poached or scrambled free-range eggs, tomato, a hash brown and Heinz[®] baked beans 418kcal 4.99

KIDS' VEGAN BREAKFAST 👁

A vegan sausage, Birds Eye Green Cuisine® veggie finger, tomato, flat mushroom and Heinz® baked beans 359kcal 4.99

YOGHURT & FRUIT GRANOLA CRUNCH 🛈 🥓

Layers of organic natural yoghurt with fresh strawberries, banana and blueberries, mixed berry sauce and a crunchy granola topping 400kcal 3.99

FRESH FRUIT BOWL 🔞 🏕 🛩 🎔

Fresh strawberries, blueberries, banana & melon 110kcal 2.00

CEREALS O

Ask the team for our selection 1.99

BANANA & CHOCOLATE PANCAKES 🛯 🌶

Two pancakes topped with fresh banana and drizzled with chocolate sauce 346kcal 4.99

BERRY & BANANA PANCAKES 🛛 🏄 🇯

Two pancakes topped with strawberries, blueberries & banana, and drizzled with mapleflavour syrup 389kcal 4.99

BREAKFAST DRINKS

POT OF TEA 56kcal 2.99 **GREEN TEA** Okcal 2.99 **PEPPERMINT TEA** Okcal 2.99 LEMON & GINGER TEA Okcal 2.99 ICED COFFEE 82kcal 3.49 **CRANBERRY & RASPBERRY TEA** Okcal 2.99 CAPPUCCINO 93kcal 3.49 LATTE 108kcal 3.49 ESPRESSO 9kcal 2.49 Alpro Oat alternative available

AMERICANO 60kcal 2.99 DECAF AMERICANO 100kcal 2.99 HOT CHOCOLATE 219kcal 3.49 FLAVOURED LATTE 63kcal 3.99 SHOT OF SYRUP 50p

Caramel 63kcal, vanilla 67kcal or gingerbread 67kcal

LAVATTA A medium-roasted blend of 100% Arabica beans

KIDS' DRINKS

FRUIT JUICE 🏄 131kcal 99p GLASS OF FRESH MILK 123kcal 99p PIP ORGANIC SMOOTHIES 79kcal 2.25 FRUIT SHOOT[®] Trkcal 2.10

No added sugar, artificial colours or artificial flavourings here

HENRY'S SAINT CLEMENTS 76kcal 1.90 HOLLY'S APPLE FIZZ 70kcal 1.90 CAWSTON PRESS 52kcal 2.25

MAKING HEALTHY CHOICES

✓= One of your 5-a-day. A portion of fruit or veg is based on a minimum 60g serving size and 80g edible pulp and/or 150ml pure fruit juice. • = Lower in sugar (desserts) contains at least 30% less sugar per 100g compared to sugar content of all desserts with comparable components. **Our kid's main meals** now contain no more than 1.7g of salt and comply with Government Salt Targets for children.

Allergen information: All our allergen information is available online or via our Glass Onion app. It's easy to filter out dishes containing any of the 14 major allergens and is always kept up to date. Our food and drinks are prepared in food areas where cross-contamination may occur and our menu descriptions do not include all ingredients. If you have any questions, allergies, or intolerances, or need help accessing our allergen information, please let us know <u>before</u> ordering.

🕐 = made with vegetarian ingredients, 🔞 = made with vegan ingredients; however, some of our preparation, cooking and serving methods could affect this. If you require more information, please ask your server. #All weights stated are approximate and prior to cooking. Any tips you're kind enough to give are kept by our team. All dishes are subject to availability. Calories are correct at time of menu print. Live nutrition information is available online. Adults need around 2000 kcal a day. Photography is for illustration purposes only. @Mitchells & Butlers 2024