

THERE'S LOTS OF YUMMY FOOD IN HARVEY'S WINTER SCRUMMYLAND

We know you love the same meals as mum and dad. That's why the dishes on our Young Guests' menu are just smaller versions of our famous adult meals. We like to know where our food comes from - our fish is sustainably sourced and our spit-roast chicken is Red Tractor approved which means it comes from assured farmers in the UK.



MEAL DEAL
CHOOSE:
ANY MAIN* + UNLIMITED SALAD + SUNDAE BEST*

*Any main and Sundae Best from our Young Guests' menu.

ORDER IN A TICK! Help us take your order by ticking the right boxes.

SMALLER BITES

At Harvester we like to think of everyone. Here are some smaller bites for little tummies.

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| <input type="checkbox"/> Chicken Strips & Chips
Strips of grilled chicken breast with fries and garden peas. Because we all like peas, don't we? 366 kcal. | <input type="checkbox"/> Sausage & Mash
Two juicy pork sausages, served with fluffy mashed potato, garden peas and gravy. 315 kcal. |
| <input type="checkbox"/> Fish & Chips
Chunks of hand-battered fish, served with fries and garden peas. Add your own splodge of sauce. 531 kcal. <i>Our fish is carefully filleted, but look out for bones just in case.</i> | <input type="checkbox"/> Simply Pasta ✓
Twirly macaroni pasta tubes served in a yummy tomato sauce and grated cheese. 387 kcal. |

BIGGER APPETITES

Hungry? Of course you are. All our large mains come with your choice of a tasty side and a portion of veg. And of course, unlimited salad.

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| <input type="checkbox"/> Original Spit-Roast Chicken
You don't have to miss out on our top secret recipe spit-roast chicken, here's a quarter cut just for you. 194 kcal. |
| <input type="checkbox"/> Harvester Burger
Beef burger in a toasted bun with lettuce, tomato and mayonnaise. What's not to like? Add cheese for only 49p! 377 kcal. |
| <input type="checkbox"/> Chicken Burger
Half a grilled chicken breast served in a toasted bun with lettuce, tomato and mayonnaise. Add cheese for only 49p! 331 kcal. |
| <input type="checkbox"/> Crunchy, Battered Fish
A prime cut of flaky, white fish in crispy batter. 245 kcal. If you would prefer your fish grilled without batter, please ask your server. <i>Our fish is carefully filleted, but look out for bones just in case.</i> |
| <input type="checkbox"/> Sausage & Yorkshire
Three juicy sausages served with a golden brown Yorkshire pudding and gravy. Mind your shirt! 407 kcal. Also available with soya and leek sausage. 387 kcal. ✓ |
| <input type="checkbox"/> Simply Pasta ✓
Twirly macaroni pasta tubes served in a yummy tomato sauce and grated cheese. Perfect for little pasta fans. 474 kcal. |
| <input type="checkbox"/> Grilled Salmon
Deliciously tasty grilled salmon with a wedge of lemon. Watch out for those pips! 200 kcal. |
| <input type="checkbox"/> BBQ Chicken Wings
Chargrilled chicken wings coated with our classic BBQ sauce. Use as many napkins as you like. 285 kcal. |
| <input type="checkbox"/> Southern Fried Chicken
Boneless, crispy coated chicken pieces. Sometimes simple is best. 237 kcal. |
| <input type="checkbox"/> Build your own Chicken Wrap
How often do you get the chance to have everything just the way you want it? Make the best wraps ever, with grilled chicken breast, two tortillas, sour cream and grated cheese on the side. 595 kcal. |

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| <input type="checkbox"/> SIDES ✓ | <input type="checkbox"/> Sweet Potato Fries 269 kcal. | <input type="checkbox"/> Baby Potatoes 146 kcal. | <input type="checkbox"/> Garlic Bread 135 kcal. |
| <input type="checkbox"/> Jacket Potato 245 kcal. | <input type="checkbox"/> Mashed Potato 83 kcal. | <input type="checkbox"/> Basmati Rice 219 kcal. | <input type="checkbox"/> Chips 210 kcal. |
| <input type="checkbox"/> Plain Pasta 348 kcal. | | | |

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| <input type="checkbox"/> VEGETABLES ✓ | <input type="checkbox"/> Garden Peas 59 kcal. | <input type="checkbox"/> Baked Beans 56 kcal. | <input type="checkbox"/> Mixed Vegetables (carrots, green beans, sweetcorn and courgettes). 128 kcal. |
| <input type="checkbox"/> Green Beans 19 kcal. | <input type="checkbox"/> Salad Sticks (peppers, cucumber, carrot). 44 kcal. | | |

BABY FOOD

Everyone is welcome at Harvester and that includes baby. There are a selection of tasty Heinz Baby jars with both sweet and savoury options, available for +4 months and +7 months. Just ask your server if you want a jar or two.

SOFT DRINKS

Unlimited refills with Pepsi**

- Choose from:
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| <input type="checkbox"/> Pepsi Max 2 kcal. | <input type="checkbox"/> R. White's Lemonade - Sugar Free 32 kcal. |
| <input type="checkbox"/> Pepsi 119 kcal. | |
| <input type="checkbox"/> Diet Pepsi 2 kcal. | |

MILKSHAKES

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| <input type="checkbox"/> Strawberry 300 kcal. |
| <input type="checkbox"/> Banana 300 kcal. |
| <input type="checkbox"/> Chocolate 325 kcal. |

FRUIT SMOOTHIES

Harvester smoothies: an expert blend of taste and goodness.

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| <input type="checkbox"/> Super Berry Smoothie - There's a double dose of berry goodness in this blueberry and raspberry smoothie. 133 kcal. | <input type="checkbox"/> Three Berry Blast Smoothie - Strawberry, blackberry and raspberry combine in this sweet and tangy fruit smoothie. 108 kcal. |
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- Fruity and Refreshing****
Choose from: orange juice 114 kcal., apple juice 125 kcal. or cranberry juice 125 kcal.

- Highland Spring Water**
Still water. 330ml.

- Little Crackers**
100% natural pure juice with a splash of water, 1 of your 5-a-day...and no added sugar. Choose from:

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| <input type="checkbox"/> Blackcurrant & Cherry 69 kcal. | |
| <input type="checkbox"/> Pear & Vanilla 69 kcal. | |

DESSERTS

Leave room for one of our desserts. They're sized just for you.

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| <input type="checkbox"/> SUNDAES ✓ |
| <input type="checkbox"/> Rocky Horror Sundae ✓
Warm chocolate fudge brownie, topped with chocolate fudge pieces and a crispy wafer. 397 kcal. |
| <input type="checkbox"/> Honeycomb Sundae ✓
Crunchy honeycomb sprinkles, drizzled with Devon cream toffee sauce and Belgian chocolate sauce, topped with a crispy wafer. 473 kcal. |
| <input type="checkbox"/> Sundae Best ✓
Vanilla ice cream drizzled with your choice of raspberry (226 kcal), strawberry (226 kcal), Belgian chocolate (229 kcal), or Devon cream toffee sauce. (240 kcal). |
| <input type="checkbox"/> Make your own Sundae
Is there anything better than ice cream and chocolate? How about a few extra yummy things to go with it? Add your own wafer, fudge pieces, chocolate sauce, honeycomb sprinkles and mini marshmallows. A masterpiece. 394 kcal. |

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| <input type="checkbox"/> SWEET TREATS ✓ |
| <input type="checkbox"/> Cake and Mallow Pops
Chocolate and lemon drizzle cake pops and marshmallow lollies with a toffee sauce dip. Five star yum. 295 kcal. |
| <input type="checkbox"/> Orange and Mandarin Jelly ✓
Sometimes a burst of fruit is perfect after a main meal. Bite-size mandarin pieces in orange flavour jelly. Simply delish. 100 kcal. |
| <input type="checkbox"/> Tutti Frutti Salad ✓
A salad of melon, orange, grapes, pineapple and apple, served with ice cream and a crispy wafer. All very yummy and also 2 of your 5-a-day! 108 kcal. |
| <input type="checkbox"/> Profiterole Dippers
Five profiteroles with chocolate and toffee sauces to dip. Beware sticky fingers! 449 kcal. |
| <input type="checkbox"/> Apple and Cherry Crumble ✓
Sometimes only one dessert will do: a crumbly, crunchy, delicious crumble. Cover it with custard. 392 kcal. |

FREE UNLIMITED SALAD WITH ALL MEALS

[2 OF YOUR 5-A-DAY]

GET DIPPING! CAKE AND MALLOW POPS

✓ These dishes are suitable for vegetarians. **Allergen Information:** All our food is prepared in a kitchen where nuts, cereals containing gluten and other allergens are present and our menu descriptions do not include all ingredients - if you have a food allergy, please let us know before ordering. Full allergen information is available. Our Young Guests' meals are recommended for children under 10. **Estimated calories per standard YG size Pepsi on draught products. ***Calories on fruit juices represent a small serving size.

Harvester



Just how you like it

<http://www.harvester.co.uk/>

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