

KIDS' MENU

Available for
aged 10 & under


Harvester

CREATE YOUR PERFECT MEAL

CHOOSE YOUR MAIN

SMALLER BITES 3.99

VEGGIE FINGERS

Three Birds Eye® Green Cuisine veggie fingers 167kcal

FREE-RANGE SCRAMBLED EGGS

On wholemeal toast 278kcal

CHICKEN BREAST STRIPS

Simple is sometimes best! 79kcal

FISH FINGERS#

Three Birds Eye® fish fillet fingers 258kcal

SIMPLY PASTA

With a yummy tomato sauce 238kcal

Recommended for under 5s

BIGGER APPETITES 4.99

VEGGIE FINGERS

Four Birds Eye® Green Cuisine veggie fingers 223kcal

MINI BURGER

Choose either a beef burger 322kcal or half a chicken breast 297kcal in a bun with lettuce and tomato, with burger sauce on the side

BUTTERMILK-FRIED CHICKEN

Strips of chicken breast in a buttermilk batter 169kcal

SOUTHERN-FRIED NO-CHICKEN STRIPS

Three pieces of southern-fried no-chicken strips 230kcal

FISH FINGERS#

Four Birds Eye® fish fillet fingers 344kcal

CAULIFLOWER MAC 'N' CHEESE

With Cheddar cheese and hidden veg 313kcal

CHICKEN BREAST

Simple is sometimes best! 187kcal

HARVESTER RECOMMENDS

ROTISSERIE CHICKEN

Quarter of our British Red Tractor Assured rotisserie chicken with our secret-blend rub 154kcal 6.49



4oz* RUMP STEAK

Grilled 21-day aged rump steak 204kcal 6.99

GRILLED SALMON#

With a wedge of lemon 218kcal 6.99

HALF RACK OF RIBS

Our slow-cooked ribs brushed with BBQ sauce, with grilled pineapple 387kcal 6.99

BUILD YOUR OWN CHICKEN FLATBREAD

Soft flatbread, grilled chicken, lettuce, tomato salsa, sour cream and grated cheese 424kcal 5.99

COD FILLET#

Hand-battered with a wedge of lemon 334kcal 5.99

BBQ CHICKEN

Grilled chicken breast glazed in our BBQ sauce and topped with melted cheese 309kcal 5.99

CHILLI NON CARNE

With meat-free mince, kidney beans, sweet potato and jack-fruit 272kcal 5.99

CHOOSE YOUR SIDES

1 side + 1 veg OR 2 veg

SIDES

Golden rice  190kcal


Jacket potato  273kcal


Chips  191kcal

Mash  82kcal


Sweet potato fries  209kcal


VEG

Heinz® Baked Beans  no added sugar 50kcal

Half A Corn on the Cob  58kcal

Garden Peas  74kcal

Fresh Vegetable Sticks  Pepper, cucumber and carrot batons 44kcal

Steamed green beans  17kcal



DESSERTS & SUNDAES

BUILD YOUR OWN ULTIMATE COOKIE

Chocolate chip cookie cup, vanilla mousse and marshmallows. Just waiting for you to decorate with strawberries, blueberries, banana and chocolate sauce 510kcal 2.49

MELON & STRAWBERRIES

Slices of juicy melon and fresh strawberries 29kcal 1.49

BAKED VANILLA CHEESECAKE

A mini portion of our cheesecake topped with berry compote 329kcal 2.49

BELGIAN CHOCOLATE BROWNIE

A mini portion of our Belgian Chocolate Brownie 285kcal 2.49

PIP ORGANIC TROPICAL FRUIT LOLLY

Made with piptastic organic fruits - apple, banana, pineapple, grape, orange & mango, and no added sugar 20kcal 99p

FRUITPOT JELLY

Peach pieces in peach-flavour jelly 82kcal 99p

BUILD YOUR OWN SUNDAE

Real dairy ice cream sundae with a crispy cone. Just add your own chocolate fudge pieces, chocolate sauce, Oreo® biscuit crumb and mini marshmallows 342kcal 2.49

ROCKY HORROR SUNDAE

Real dairy ice cream with warm chocolate fudge brownie, fluffy cream and a crispy cone 408kcal 2.49

SUNDAE BEST

Real dairy ice cream, a crispy cone and Belgian chocolate, strawberry, raspberry or toffee sauce 207kcal 1.99

VEGAN SUNDAE BEST

Scoops of vanilla non-dairy iced dessert drizzled with your choice of raspberry or strawberry sauce 472kcal 1.99

DRINKS

ALL OUR KIDS' DRINKS ONLY CONTAIN GOOD STUFF: YOU WON'T FIND ANY ADDED SUGAR, ARTIFICIAL COLOURS OR ARTIFICIAL FLAVOURINGS HERE.

FRUIT SHOOT®

Apple & Blackcurrant or Orange 8kcal 2.10

PIP ORGANIC SMOOTHIES

Pineapple & Mango or Strawberry 104kcal, Banana & Purple Carrot 79kcal 2.25

CAWSTON PRESS

Pressed fruit and water with no added sugar or sweeteners Apple & Summer Berries 50kcal or Apple & Mango 54kcal 2.25

GLASS OF FRESH MILK

Semi-skimmed milk 123kcal 99p

FRUIT JUICE

Orange 126kcal, apple 115kcal or pineapple 131kcal 99p

HENRY'S SAINT CLEMENTS

Orange juice mixed with sugar-free lemonade 79kcal 1.90



HOLLY'S APPLE FIZZ

Apple juice mixed with sugar-free lemonade 68kcal 1.90

HELPING YOU MAKE BETTER CHOICES

 = One of your 5-a-day. A portion of fruit or veg is based on a minimum 60g serving size and 80g edible pulp and/or 150ml pure fruit juice.  = Lower in salt (mains or sides). Contains at least 30% less salt per 100g compared to salt content of all main meals and sides with comparable components.  = Lower in sugar (desserts) contains at least 30% less sugar per 100g compared to sugar content of all desserts with comparable components.

ALLERGEN INFORMATION: Our easy-to-use allergen guide is available for you to use on the food section of our website or on our Glass Onion app. We keep it online so that it's always as up to date as possible and you can filter out dishes containing any of the 14 major allergens. If you can't access the internet, we will be happy to provide you with the information. Our food and drinks are prepared in food areas where cross contamination may occur and our menu descriptions do not include all ingredients. If you have any questions, allergies or intolerances, please let us know before ordering.

 = made with vegetarian ingredients,  = made with vegan ingredients; however, some of our preparation and cooking methods could affect this. If you require more information, please ask your server. #Our fish has been carefully filleted however some small bones may remain. Any tips you're kind enough to give are kept by our team. All dishes are subject to availability. Photography is for illustration purposes only. *All weights stated are approximate and prior to cooking. OREO® is a registered trademark of Mondelez UK Limited. Heinz® is a registered trademark of H J Heinz Company, Fruit Shoot® is registered trademarks of Robinsons Soft Drinks Limited. Birds Eye® is a registered trademark of Nomad Foods Europe Limited Our kids' menu is available for kids aged 10 years and under. Calories correct at time of printing, for our full up-to-date nutritional guide see our website. © Mitchells & Butlers 2021.

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