

LET'S DO LUNCH

3 course set menu

Mon-Fri
11.30am-5pm




Harvester

LUNCH SET MENU

3 COURSES 12.49 / 2 COURSES 10.49

INCLUDES UNLIMITED SALAD

STARTERS

NEW GARLIC BREAD **V**

Soft garlic bread topped with garlic & parsley butter 376kcal.

Cheesy garlic bread **V 412kcal and vegan option available **Ve** 314kcal**

NACHOS **V**

With cheese sauce, guacamole, salsa, sour cream and jalapeños 533kcal

VEGAN NACHOS **Ve**

With guacamole, salsa and jalapeños 438kcal

BREADED MUSHROOMS **V**

With garlic mayo dip 516kcal

TOMATO & BASIL SOUP **Ve**

With chives and bread roll 239kcal

DOUBLE YOUR CHIPS +99P

SWAP TO

DIRTY FRIES +99P

OR SWEET POTATO

FRIES +1.49

for calories see sides on main menu

MAINS

SIMPLY CHICKEN

A chicken breast with a home-baked jacket potato, peas, green beans and our speciality chicken gravy 581kcal

THE BEEF CLASSIC BURGER

6oz* beef burger topped with melted Monterey Jack cheese, back bacon, baby gem lettuce, tomato and burger sauce in a toasted brioche-style bun with chips 1200kcal

Double-up +£2.50 supplement 1425kcal

THE CHICKEN CLASSIC BURGER

Chicken breast topped with melted Monterey Jack cheese, back bacon, baby gem lettuce, tomato and burger sauce in a toasted brioche-style bun with chips 1162kcal

Double-up +£2.50 supplement 1349kcal

7oz* GAMMON

With grilled pineapple and a fried free-range egg. Served with chips, garden peas, tomato and onion rings 1173kcal

CAMEMBERT & CHERRY TOMATO TART **V**

In a puff pastry case, served with a home-baked jacket potato and slaw 909kcal

THE BEYOND BEAN BURGER **Ve**

Spiced chipotle vegan bean burger topped with mushroom, melting mature slice, baby gem lettuce, tomato and burger sauce. Served in a toasted brioche style bun with chips 1152kcal

Double-up +£2.50 supplement 1392kcal

SALMON & DILL FISHCAKES[#]

Served with chips, garden peas and a hollandaise sauce 1102kcal

WHOLETAIL WHITBY SCAMPI

A dozen crispy scampi with chips, tartare sauce and your choice of mushy 1155kcal or garden peas 1162kcal

CHILLI NON CARNE **Ve**

Made with vegan mince, jackfruit and sweet potato with golden rice. Topped with guacamole, fresh chilli and spring onion 546kcal

NEW BALANCED BOWLS 2 of your 5 a day, rich in vitamin c and folate

A juicy salad base of baby gem lettuce, red peppers, cucumber, crunchy slaw, spring onion & red chilli tossed in a low-fat vinaigrette, and topped with your choice of:

CHARGRILLED CHICKEN BREAST 266kcal

GRILLED HALLOUMI **V 615kcal**

CHARGRILLED RUMP STEAK 488kcal +£2

GRILLED SALMON FILLET 509kcal +£2

DESSERTS

TREACLE SPONGE **V**

With your choice of real dairy ice cream 550kcal, custard 551kcal or fluffy cream 554kcal

SUNDAE BEST WAFFLE **V**

A Belgian waffle topped with real dairy ice cream with your choice of raspberry, strawberry, Belgian chocolate or toffee sauce 655kcal

SUNDAE BEST **V**

Real dairy ice cream drizzled with your choice of raspberry, strawberry, Belgian chocolate or toffee sauce and a sugar cone wafer 308kcal

VEGAN SUNDAE BEST **Ve**

Scoops of vanilla iced dessert drizzled with either raspberry or strawberry sauce 720kcal

NO ROOM FOR DESSERT? SWAP FOR A HOT DRINK INSTEAD**

HOT DRINKS

GREEN TEA 0kcal 2.49

PEPPERMINT TEA 0kcal 2.49

LEMON & GINGER

TEA 0kcal 2.49

CRANBERRY &

RASPBERRY TEA 0kcal 2.49

TEA 56kcal 2.29

AMERICANO 116kcal 2.49

DECAF COFFEE[^] 37kcal 2.49

CAPPUCCINO 142kcal 2.99

LATTE 142kcal 2.99

ESPRESSO 43kcal 1.99

HOT CHOCOLATE 235kcal 2.99

BAILEYS[®] LATTE[†] 4.49

LIQUEUR LATTE[†] 4.49

Non-dairy milk alternative available

LAVAZZA

TORINO, ITALIA, 1895

A medium-roasted blend of 100% Arabica beans



Allergen information: All our allergen information is available online or via our Glass Onion app. It's easy to filter out dishes containing any of the 14 major allergens and is always kept up to date. Our food and drinks are prepared in food areas where cross-contamination may occur and our menu descriptions do not include all ingredients. If you have any questions, allergies, or intolerances, or need help accessing our allergen information, please let us know [before ordering](#).

Not available on bank holidays. **V** = made with vegetarian ingredients. **Ve** = made with vegan ingredients; however, some of our preparation, cooking and serving methods could affect this. If you require more information, please ask your server. [^]Our decaf coffee is Nescafé. ^{*}All weights stated are approximate and prior to cooking. ^{**}Excludes Baileys[®] latte and liqueur latte. [†]Contains alcohol. Baileys[®] is a registered trademark of Diageo. [#]Our fish has been carefully filleted however some small bones may remain. Vitamin C contributes to normal psychological function. Folate contributes to normal homocysteine metabolism. Any tips you're kind enough to give are kept by our team. All dishes are subject to availability. This menu cannot be used in conjunction with any other offer. Photography is for illustration purposes only. Calories correct at time of printing. For our up-to-date full nutritional & allergen guide, see our website. Adults need around 2000 kcal a day.
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