MENU OPTIONS THAT CONTAIN

NO CEREALS CONTAINING GLUTEN / WHEAT CONTAINING INGREDIENTS

The options in this guide DO NOT contain wheat or cereals containing gluten, as ingredients (wheat, rye, barley, oats, spelt, kamut, their hybridised strains or products thereof). We cannot guarantee however that your meal will not contain traces of these allergens.

This guide is provided to enable you to make your own decision on menu choice. We cannot recommend or tell you what is suitable for you to eat. The descriptions on our menus do not include all ingredients or allergens – always check the allergen guide to identify suitable dishes.

The information in this allergen guide is based on recipe information and supplier specifications. Please be aware that this allergen information is subject to change so make sure that you check it each time you visit and inform a team member of your allergy dietary requirements every time you dine with us (before you place your order), even if you have eaten the dish before. That way, we can ensure that extra care is taken when preparing your meal to help prevent allergen cross-contamination.

Standard garnishes and accompaniments are included, unless specified. Items that are added as a self selection, choice or trade-up must be reviewed and added to the base information.

We review and republish the allergen data available to us regularly but the circumstances in which a product is made, packaged, stored and distributed may change without our knowledge.

CROSS-CONTAMINATION:

Please be aware that we handle wheat / cereals containing gluten in products in our kitchens, but reasonable steps will be taken to minimise cross-contamination during the preparation of your meal.

Cooking equipment (e.g. fryers, grills etc) and food preparation areas may be shared and it is possible that any fried items you select from this guide may be cooked in the same frying oil as items containing gluten. Please ask a team member if you would like further information on our cooking methods and policy.

If you are concerned about allergen cross-contamination of the food you wish to eat, please inform a team member who may also be able to show you the packaging of the product, and any ‘may contain cereals containing gluten’ warnings that the supplier has provided.

As part of the new legislation on The Provision of Food Information to Consumers, Regulation EU 1169/2011, we will only highlight allergenic ingredients if they are intentionally added to a product.

We hope that you enjoy your meal!
Basic Items

- Prepared Coleslaw. Recipe.377562
- Dressing Low Fat. Recipe.395283
- Dressing Red French. Recipe.377503

Salad Cart Items

- Pasta Salad Dressing Pouch 8 x 700 g 52872
- Lakeland Butter Portions 7g 6 x 100 508977
- Sunflower Spread 1 x 400 511012
- Baby Potatoes 1 x 25 kg 511252
- Brown Onions 1 x 10 kg 506766
- Carrots Medium 1 x 1 kg 514133
- Coleslaw Mix 12 x 1 kg 513263
- Julienne Carrots 6 x 1kg 514142
- Pickled Cabbage 6 x 1.3kg 516155
- Red Onions 1 x 10 kg 506767
- Sliced Mixed Onions 6 x 1 kg 514141
- Cucumber Catering 1 x 10 kg 500516
- Lettuce Iceberg Bulk 1 x 5 kg 40930
- Mixed Salad Box 6 x 1.5 kg 517748
- Peppers Catering 1 X 5kg 500513
- Tomatoes Mm 1 x 6 kg 80071 501370
- Balsamic Vinegar 6 x 2 ltr 38058
- Diced Beetroot in Water 6 x 2.95 kg 508724
- Dressing Caesar 4x3.78 litre 514841
- Dressing Honey Mustard 4 x 3.8 ltr 500128
- Dressing Red French 4 x 3.78 ltr 500126
- Garlic & Herb Mayonaise 4 x 2.5 ltr 33429
- Healthy Mayo No Mustard 1 x 10 Ltr 518412
- Reduced Fat Blue Cheese Dressing 1 x 10 ltr 511467
- Sour Cream & Chive Dressing 1 x 5 ltr 507288
- Thousand Island Dressing Pouches 5 x 3 kg 511466
- Extra Virgin Rapeseed Oil 1 x 5ltr 514883
- Fontinella Sweet Corn 6 x 2.12 kg 500659
- Pineapple Tidbits In Juice 6 x 3 kg 519687
- Raisins 4 x 3 kg 505102
- Royal Crown Black Olives 2 x 2.4kg 516839
- Royal Crown Gherkins 2 x 2.4kg 516178
- Royal Crown Green Olives 2 x 2.4 kg 516911
- Silverskin Onions 2 x 2.4 kg 518244
Starters & Sharers

- 1/4 Potato Skins & Cheese. Recipe.613370
- 1/4 Potato Skins, Cheese & Bacon. Recipe.613369
- Chorizo & padron peppers. Recipe.
- Haloumi cheese with watermelon & mint. Recipe.613377
- Nachos BBQ Pork Add On. Recipe.613381
- Nachos for 1. Recipe.613382
- Nachos for sharing. Recipe.613383
- Buffalo Chicken Wings. Recipe.661529
- Chicken Wings bbq glazed. Recipe.692841
- Riblets & BBQ Glaze. Recipe.661534
- Sweet potato & red onion skewer. Recipe.664734

Mains

- Salsa Chicken Stack. Recipe.613389
- Char-grilled chicken & chorizo skewer. Recipe.556876
- Grilled Signature Fish & Chips. Recipe.556845
- Grilled Standard Fish & Chips. Recipe.556846
- Simple Grilled Chicken. Recipe.556874
- Skinny Beef Burger. Recipe.603085
- Skinny Chicken Burger. Recipe.556799
- Topping - Bacon & Cheese. Recipe.556791
- Topping – Nacho. Recipe.558318
- 1/2 Aromatic duck. Recipe.661612
- 1/2 Rack Ribs. Recipe.678509
- 7oz Gammon & Fries. Recipe.672073
- Grilled salmon w maple glaze & pineapple. Recipe.661790
- I Want It All For 1. Recipe.661595
- I Want It All For 2. Recipe.661596
- Topper Chorizo & Padron Peppers. Recipe.657685
- Topper Garlic Prawns. Recipe.657684
- Topper Stilton & Bacon. Recipe.657683

Swapsies & Sides

- With Mushy Peas. Recipe.92055
- With Peas. Recipe.92055
- 1/2 rack ribs Orchard glaze. Recipe.556654
- Cheesy Garlic Corn. Recipe.556680
- Chilli Seasoned Fries. Recipe.556773
- Dirty Rice. Recipe.556768
- Gammon - 1 Egg. Recipe.556818
- Gammon – Pineapple. Recipe.556820
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- Garlic roast flat mushrooms. Recipe.558807
- Green Beans. Recipe.558805
- Jacket Butter. Recipe.556762
- Jacket Potato Plain. Recipe.556763
- Jacket with Butter Cream. Recipe.556764
- Jacket with Sour Cream. Recipe.556765
- Mash with buttery garlic. Recipe.556766
- Skin on Fries. Recipe.556761
- Sweet Potato fries. Recipe.556769

**Sauces**

- Bisto Gravy. Recipe.625357
- Bottle BBQ Sauce. Recipe.727770
- Caribbean Piri Piri bbq sauce. Recipe.625362
- Farmer Rikkis Chilli. Recipe.625358
- Guacamole. Recipe.625373
- Harvester BBQ Sauce. Recipe.629278
- Orchard BBQ sauce. Recipe.625364
- Sour Cream & Chive. Recipe.625359
- Spiked Maple BBQ sauce. Recipe.625365
- Tartare Sauce. Recipe.. 645250
- Tomato Salsa. Recipe.625360
- Hollandaise sauce. Recipe.558304
- Buffalo Hot Sauce. Recipe.688543
- Spiked Maple Glaze & (ambient). Recipe.688542
- Triple H & (ambient). Recipe.688540
- Tropical Piri Piri (ambient). Recipe. 682437

**Breakfast**

- Bacon. Recipe.417227
- Fried Egg. Recipe.417212
- Choice Baked Beans x 1. Recipe.417271
- Choice Flat Mushroom 1. Recipe.417217
- Choice Grilled Tomato x 1. Recipe.417272
- Choice Hash Brown 1. Recipe.417213
- Choice Scrambled Egg x 1. Recipe.417215
- Steak. Recipe.448740
- Unlimited Breakfast Hot Drink. Recipe.542138
- Unlimited Breakfast Juice. Recipe.554769
- YG Unlimited Juice. Recipe.428213
- Choice Fries. Recipe.417210
- Kids Beans. Recipe.674259
- Kids Chips. Recipe.674258
- Kids Scrambled Egg. Recipe.674260
Continental Breakfast

- Greek Style Yoghurt 2kg 501186
- Ubley Strawberry LF Yogurt 1 x 5 kg 518834
- Apples Braeburn 1 x 8 Each 35781
- Bananas 1 x 1.5 kg 80133
- Easy Peel Citrus 1 x 10 Each 38560
- Fruit Salad 2kg-4kg Drained Weight 516848 518667
- Watermelon 1 x 5 Each 517118
- C&B Clear Honey Portions 1 x 96 Each 30779
- Nescafe Decaffeinated One Cup 1 x 200 Each 500105 509417
- Twinings Herbal C/r/bery Tea 12 x 20 Each 38557
- Belgian Chocolate Sauce 12 x 550g 515490
- Dole Pineapple Pieces In Juice 6 x 3kg 513013
- Maple Syrup 6 x 454g 515574

Young Guests

- YG Baby Cheesy Fish Pie. Recipe.665581
- YG Baby Chicken Dinner Pot. Recipe.665582
- YG Baby Egg Custard. Recipe.665584
- YG Grilled Small Chix Strips. Recipe.665590
- YG Large 1/2 Rack of Ribs. Recipe.670929
- YG Large 4oz Rump steak. Recipe.670931
- YG Large Can Do Chicken. Recipe.670930
- YG Large Grilled Salmon. Recipe.665600
- YG Large Omelette. Recipe.670934
- YG Large Plain Grilled Chicken. Recipe.665599
- YG Large Sweet Pot & Onion Skewers. Recipe.670932
- YG Small Omelette. Recipe670904

Young Guests Sides and Veg

- YG Baked Beans. Recipe.665586
- YG Cheese & Tom Rice. Recipe.670906
- YG Corn. Recipe.665587
- YG Fries. Recipe.665588
- YG Jacket Potato. Recipe.665592
- YG Mashed Potato. Recipe.665606
- YG Peas. Recipe.665606
- YG Side Green beans. Recipe665609
- YG Side Salad Sticks. Recipe.665610
- YG Sweet Potato Chips. Recipe.665616
- YG Topper Cheese. Recipe.670924
- YG Topper Diced Pineapple. Recipe.670927
- YG Topper Guacomole. Recipe.670926
- YG Topper Salsa. Recipe.670925
Young Guests Desserts

- YG Yummy Lolly. Recipe.670922
- YG Strawberry Yoghurt & strawberries. Recipe.665580
- YG Jelly. Recipe.665593
- YG Banana & Custard Face. Recipe.665579
- YG Fruit Salad with Yoghurt. Recipe.665589

Buffet

- Buffet butter basted chicken. Recipe.718300
- Buffet corn on the cob. Recipe.718313
- Buffet nachos. Recipe.718298
- Buffet ribs. Recipe.718306
- Buffet skin on fries. Recipe.718302